

The Dance Program



Studio 4 School of Dance offers classes to children from ages 3 to adult. Our mission is to train a life-long dancer, although individual goals range from social skills, health maintenance and improvement of self esteem.

Ballet is the foundation of all dance technique. The discipline and determination that comes from this training will benefit students in any career that they choose.

Ballet is the foundation of our program at Studio 4 School of Dance and is designed for dancers of all ages.

Studio 4 School of Dance also offers classes in many other forms of dance: jazz, hip hop, tap, contemporary, pointe and a variety of children's classes.

During the summer we offer workshops in different genres of dance.

Studio 4 School of Dance offers classes year-round. Tuition is due the first week of every month and is non-refundable*. There is a 5-day grace period. If you are late with your payment a \$20 late charge will be added to your tuition for that month. Any returned checks for nonpayment shall be charged an NSF fee of \$25.

Missed classes are non-refundable. Make up classes are available within the first 2 months of missed classes. Tuition remains the same when classes fall on holidays.

There is a non-refundable \$25 enrollment fee, due with the 1st month's tuition for new students. There is an annual non-refundable \$20 enrollment fee for returning students.*

*See our Policies and Procedures form.

Dance Curriculum

Tiny Tutus - 30 minutes - This class is an introduction to movement with music, designed as structured play, using imagery and imagination. Giving children tools for creativity, we promote confidence and a positive self-image. **This class is designed for 3-4 years of age**

Pre-Ballet - 45 minutes - Children will be introduced to beginning ballet steps and terminology, this class will help them develop body awareness, rhythm, flexibility and coordination. They will learn structure of a ballet class that will enable them to progress to Ballet I. **Offered to 4-5 years of age.**

Ballet I - 60 minutes - Focused on the beginning dancer. Children will learn the fundamentals of Ballet. Classroom etiquette, terminology, proper body alignment and posture. Barre, center and age-appropriate stretches will be introduced. **Offered to 6-7 years of age**

Ballet II- 60 minutes - This class is designed for the intermediate/beginner dancer. Focusing on proper body alignment, posture, flexibility, and introduction to proper foot alignment. Barre, center and stretching combinations will be introduced. **Offered to 7-9 years of age**

Ballet III- 60 minutes - For the intermediate dancer. The emphasis of this class is proper body alignment, posture and flexibility, as well as developing core strength needed for correct and safe training. **Offered to 9-11 years of age***

Ballet IV/V- 90 minutes - For the advanced/intermediate dancer. The emphasis of this class is proper body alignment, posture and flexibility, as well as developing core strength needed for correct and safe training. Attention to proper foot alignment and strength building exercises will be an important part of this class. **Offered to ages 11 and up***

Ballet VI 90 minutes - This class is designed for the intermediate/advanced dancer. The emphasis of this class is core strength, flexibility, proper foot alignment and strength building exercises for the advancement to pointe. **Offered to ages 13 and up***

Pre-Pointe/Demi-Pointe- 60 Minutes - We work with students on foot stretch and strengthening techniques and There-band use. Education on the proper foot care, history and making of pointe shoes. Each dancer is evaluated and moved up to demi-pointe shoes at the appropriate time. **Offered to ages 13 and up***

Pointe I-II 60 minutes - For the intermediate/advanced dancer. The dancer must be evaluated before attending this class. Focusing on proper foot alignment in pointe shoes. Foot stretch and strengthening techniques. Barre and center pointe combinations will be introduced.

Offered to ages 13 and up*

***Ages may vary depending on dancer's development.**

Tap - 60 minutes - Broadway Theater style tap. Derived from Stan Kahn Technique which emphasizes on terminology, technique and rhythm. **Offered to ages 8 & up**

Kids Jazz/ tap Combo - 60 minutes - This is introductory class, learning the important basics of Jazz & tap with terminology and incorporating fun games. **Offered to ages: 6-9 years of age**

Jazz Dance - II & III - 60 or 90 minutes - This class is intermediate or the intermediate/advanced dancer. Jazz is a contemporary style of dance used from Broadway to television and movies. Classes include floor warm-up, isolations, across the floor progressions, basic jazz turns, leaps and fun combinations.

Jazz II - Offered to ages 9 & up Jazz III - Offered to ages 12 & up

Hip Hop I/II - 60 minutes - This is a beginning/intermediate class.

Introduction to Hip Hop terminology, movements such as popping and breaking and choreography. High energy and exciting!

Offered to ages 7 & up

Contemporary - I or II - 60 or 90 minutes - Designed for either the intermediate or advanced dancer. Contemporary mixes Ballet, Modern and Jazz techniques. Music may range from classical to alternative. Contemporary is a mix of movements; falls, rises, contractions, releases, turns, leaps, petite allegro (fast foot work) to slow adagio moves. **This class is offered to students enrolled in Ballet IV-VI or invited by teacher.**

Studio 4 Dance Theater

Studio 4 Dance Theater (S4DT) is our non-profit dance company.

S4DT performs at different functions in Calaveras County throughout the year. We also perform The Holiday Showcase and The Spring/Student Showcase with student choreographed pieces at the Bret Harte Theater. S4DT gives opportunity to all ages to perform. Students that are enrolled with Studio 4 School of Dance are eligible to perform with Studio 4 Dance Theater.